



# TYPICAL DAY

JUDO & MARE  
2024

7:30 ALARM CLOCK!!

8:00 BREAKFAST

9:30-11:00 JUDO

11:00 - 12:00 BEACH GAMES

13:00 LUNCH

14:00 REST

15:30-16:30 PARCO AQUA GIÒ

16:45 SNACK

17:00 - 19:00 JUDO

20:00 DINNER

21:00 CINEMA AND ENTERTAINMENT

22:30 SLEEP

XXIX EDIZIONE  
2024

## HOW TO GET?

**BUS:** there is a bus service, not included in the price, from Turin to Lignano S. and return stop on request during the journey. Contact Pierangelo Toniolo, pier.judo@libero.it

**CAR:** A4 motorway, exit Latisana .

**TRAIN:** there are two convenient stations to reach Lignano: Latisana and Portogruaro. Regular bus, with frequent daily trips guaranteed connections n about 20 minutes from Latisana and about 40 from Portogruaro.

**PLANE:** Venice and Trieste airports are one hour drive from Lignano and are perfectly connected by shuttle bus services.

## INFORMATION & ENROLMENT

**Monica Barbieri**  
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[www.akiyamasettimo.it](http://www.akiyamasettimo.it)



XXIX EDITION  
Welcome to  
**LIGNANO SABBIA DORO**  
(UD)

# JUDO & MARE 2024

CRS AKIYAMA OF SETTIMO T.S.E, THE CLUB THAT GREW THE 2016 OLYMPIC CHAMPION **FABIO BASILE** AND THE 2021 EUROPEAN CHAMPION **MANUEL LOMBARDO**, PRESENTS THE 29TH EDITION OF THE TRADITIONAL SUMMER YOUTH JUDO CAMP FOR CHILDREN FROM 6 TO 10 AND THE BOYS FROM 11 TO 16.



FROM TUESDAY 02<sup>ND</sup> JULY  
TO SUNDAY 07<sup>TH</sup> JULY

## LOCATION

JUDO & MARE

The Stage will be held at the center BELLA ITALIA & EFA VILLAGE in Lignano Sabbiadoro (UD) dipped in 60 hectares of green pine forest closed to the sea, with basketball courts, soccer, swimming pools and the Water Park ACQUA GIO'.



## COACHES

JUDO & MARE

The technical direction of the Stage is entrusted to Massimo and Pierangelo Toniolo and Monica Barbieri, technical directors known worldwide, not only for the innovative teaching and ability to offer their JUDO method, but also for having built countless national and international champions, and many of whom trained at the Youth stage of Lignano when kids.



A TATAMI OF 700 SQUARE METERS WILL BE INSTALLED

XXIX EDITION

2024

## REGOLAMENTO

The training camp is open to athletes of the preagonistic classes (Children, and Pre-cadets) and of course to the agonistic classes. From 6 to 16 years old athletes are accepted

**LOCATION:** Lignano Sabbiadoro (UD) c/o centro vacanze BELLA ITALIA & EFA VILLAGE, via Centrale 29.

**DATA:** from Tuesday 02/07 to Sunday 07/07 2024. End of the camp: after graduation, Sunday 07/07 14:00.

**MEETING:** Tuesday 02/07 c/o BELLA ITALIA & EFA VILLAGE STAY THE SAILS from 14:00 to 15:00.

**PROGRAMMA:** Breakfast h 8.00 / Lunch h 13.00/ Dinner h 20.00. Participants to the stage will be divided by age into 3 different groups with specific and diversified judo programs. Accommodation in rooms of 3-4 beds with toilet. DAILY cleaning of the rooms. In addition, the staff offers: entertainment on the beach and at the **WATER PARK** (daily), treasure hunt, cinema and many other moments to **enjoy!**

**FEE:** Euro 350 including food, accommodation, judo courses, insurance and leisure activities.

Half of the fee as a non-refundable deposit must be paid by 07/06/2024 at the following bank code (iban)

IT 72 J060 8531 0300 0000 0022 898  
BENEFICIARIO: CRS Akiyama  
CAUSALE: Società + Nome-Cognome del/degli iscritto/i,  
jm2024

**REGISTRATION:** the Registration Form, which can be downloaded from the site [www.akiyamasettimo.it](http://www.akiyamasettimo.it), must be perfectly filled in and signed by the parents, has to be sent by email ([judoemare@libero.it](mailto:judoemare@libero.it)) to the organizers, together with the copy of the deposit transfer within the same date. PLEASE, BEFORE DONE BANK TRASFERT, ASK THE AVAILABILITY OF ROOMS!

NB: The organization reserves the right to close in advance registrations in case of exhaustion of available places. Enrolment requests received after June 07 will be accepted after verification of the availability.

## IMPORTANTE!

JUDO & MARE

All the participants must comply with the following rules:

JUDO & MARE



Behave adequately and politely towards the places and people of the training camp.

Respect the property of others, including furniture and objects of the Holiday Centre. (Any damage must be compensated by the responsible)

Follow the instructions of the instructors and/or their collaborators.

In the hours of rest, afternoon and night, it is forbidden to disturb others, leave the rooms or go to other people's rooms.

Mobile phones, except in emergency situations, can only be activated at the following times: 8:00-9:00/ 12:30-14:00/ 18:30-21:30

PARENTS UNDERTAKE TO TAKE THEIR CHILDREN BACK IN CASE OF REPEATED NON-COMPLIANCE

